



The best at what we do.

Pre-Admission Instructions for Coronary Angioplasty

Your angioplasty is booked for:

Date of procedure: _____ Arrival time to Main Admitting: _____

Physician: _____

Discharge: _____ promptly at 9 am

On the evening of your angioplasty

1. **Do not eat or drink anything after midnight.**
2. Remove all nail polish.
3. Take a shower or bath.

On the morning of your angioplasty

1. **Do not eat breakfast.**
2. Take your regular medications (including aspirin) with a sip of water.
3. If you are **diabetic**:
 - **Do not take your oral diabetic medication** the morning of your angioplasty.
 - Take **only half the usual morning dose of insulin** on day of your angioplasty.
4. **Arrive to Main Admitting Dept at the front of the Rouge Valley Centenary hospital campus (2867 Ellesmere Road, Toronto).**
5. Please have a family member or friend accompany you and stay during the procedure.
6. Please leave valuables at home, including credit cards, jewelry and large amounts of cash.
7. Do not wear make-up or nail polish.
8. Bring a housecoat, slippers and toiletries, as well as comfortable clothing to go home in.
9. Bring all your medications in their original containers with you.

On discharge

1. Please have a designated driver available to drive you home at discharge promptly at 9am.
2. You will receive follow-up instructions prior to discharge.
3. You will need a responsible adult to stay with you at home for 24 hours.
4. If you have any concerns about your procedure, please call: Mira Finley, Angioplasty Program Coordinator, RVHS at 416-284-8131 ext. 5139.